



## Alviso Community & Youth Center

5040 North First St., San José 95002

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Supervisor: Traci Tokunaga

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Bus Lines: 58

Types of Programs: Adult sports, youth programs, senior nutrition, and special events.

Mail Registration to: P.O. Box 850, San José, CA 95002

## EARLY CHILDHOOD RECREATION

Please read the ECR Policy on page 45.

### Rise and Shine Tiny Tots \$130

This class emphasizes age appropriate activities, which may include crafts, stories, drama, music, and games used to develop socialization skills, hand/eye coordination, and motor skills. Each child must have a parent provide snacks for one class during the session. Child must be toilet trained. Food will be provided for cooking projects.

No Class 10/11, 11/11

Instructor: Kia

Course#	Day	Date	Time	Age	Mtg.	Loc.
293.2.301	M/W	10/4-11/24	8:30-11:30am	2-5	15	AYC
293.2.302	M/W	10/4-11/24	12-3pm	2-5	15	AYC

### Rise and Shine Tiny Tots \$120

Course#	Day	Date	Time	Age	Mtg.	Loc.
293.2.303	T/Th	10/5-11/23	9-11am	2-5	14	AYC

### Rise and Shine Tiny Tots \$125

Course#	Day	Date	Time	Age	Mtg.	Loc.
293.2.304	T/Th	10/5-11/23	12-3pm	2-5	14	AYC

## SPORTS & FITNESS

### Cheerleading \$40

This energetic class will get you up and going. Learn the latest cheerleading moves and put together a cheer routine. Improve your coordination and balance while having fun.

No Class 10/11

Instructor: Camp Carter Intl.

Course#	Day	Date	Time	Age	Mtg.	Loc.
293.2.500	M	10/4-11/29	5:30-6:20pm	5+	8	ACC



### Karate - Beginner \$55

Students will learn traditional Japanese Karate, along with Japanese culture, philosophy, history, and language. All classes include self-defense and stress the importance of self-confidence and mental discipline. Wear loose and comfortable clothing the first day of class, and check with instructor for more details on clothing requirements. There is an additional fee for uniform, belt testing and certification payable to the instructor. Beginner classes are open to everyone.

No Class 10/11

Instructor: Camp Carter Intl.

Course#	Day	Date	Time	Age	Mtg.	Loc.
293.2.501	M/W	10/4-11/24	5-5:50pm	5+	15	AYC

### Karate - Intermediate \$55

Students that have already studied Shotokan and earned the rank of blue belt and above are welcome in this class. Intermediate and advanced katas (forms) and tournament style Kumite (sparring) are taught. There is an additional fee for uniform, belt testing and certification payable to the instructor.

No Class 10/11

Instructor: Camp Carter Intl.

Course#	Day	Date	Time	Age	Mtg.	Loc.
293.2.502	M/W	10/4-11/24	6-6:50pm	5+	15	AV

### Parent/Child Tennis \$70

Tennis is for everyone! Learn this great sport. The basic techniques such as groundstrokes, serves, rules and etiquette will be covered. The price is for one parent and one child. Location: Morrill Middle School.

No Class 11/27

Instructor: Camp Carter Intl.

Course #	Day	Date	Time	Age	Mtg.	Loc.
293.2.503	Sa	10/9-12/4	10-10:50am	6+	7	MS
293.2.504	Sa	10/9-12/4	11-11:50am	6+	7	MS

## SPECIALTY CLASSES

### English As A Second Language (ESL) Free

This class is a community based program for adults. The instructor works with different levels of speakers and will teach the basics of English. Just drop by class to sign up! Free baby-sitting is available for children who are at least two years of age and potty trained.

Course#	Day	Date	Time	Age	Mtg.	Loc.
	M/W	Ongoing	6-8:30pm	18+		AV

## ADULT CLASSES

### Aerobics \$55

It's time to get in shape. In class you will get an overall workout with emphasis on toning muscle, gaining strength, and increasing flexibility, while improving cardiovascular level. FREE CHILDCARE.

No Class 10/11 Instructor: Camp Carter Intl.

Course#	Day	Date	Time	Age	Mtg.	Loc.
293.2.701	M/W	10/4-11/24	7-7:50pm	15+	15	AYC

## SAN JOSE AFTER SCHOOL

### Alviso Area

San José After School is a partnership by the City of San José, with school districts, community-based organizations, teachers and parents to provide safe, fun and enriching activities for youth after school.

After school programs promote healthy youth development and student learning. This includes homework centers and tutoring, recreation, arts, and enrichment activities, and technology centers. Youth will enjoy safe, fun, and enriching activities at sites located throughout San José.

There are wonderful after school programs in your area. For more information about schools, libraries, and centers offering after school programs, please contact 408-586-7624.

#### Types of Programs

**Level 1: Homework Assistance.** Level one sites offer after school homework help at many locations in San José.

**Level 2: Safe and Accessible After School Programs.** Level two sites will offer integrated recreation and literacy and math enrichment programs.

**Level 3: Integrated and Comprehensive approach After School Programs.** Level three sites integrate literacy, leadership, education, nutrition, cultural arts and recreation activities.

Sites	Level	Time
Alviso Branch Library	Level 1	*
Alviso Youth Center	Level 3	*
George Mayne Elementary School	Level 1	*

\* Homework Assistance offered at individual sites immediately following the end of the school day (approximately 2:30-3:30pm).



## Youth Activities Grant Fund

The City of San José Department of Parks, Recreation and Neighborhood Services has established a Youth Activities Grant Fund to expand recreational opportunities for disadvantaged youth. This fund allows disadvantaged youth to participate in classes, programs, and activities.

By donating to the Youth Activities Grant Fund, you will provide an underprivileged youth opportunities previously-unavailable. If you are interested in the program or to learn more about the Youth Scholarship Assistance Program, please contact your nearest PRNS Community Center or other PRNS Facility.

